

Mental Health of Older Persons During Covid-19 Pandemic

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Abstract

Older Persons are a mirrored image of the ways we see ourselves inside the future. We would possibly find it difficult to care for older persons because of increasing social pressure and family responsibilities. This situation has worsened due to the Covid-19 pandemic and it created a lot of changes in the life of older persons especially the care they receive, the assistance they got from others, pattern of socialization and finally the way of handling the situations. Aged constitute a selected cluster of high-hazard sufferers for increasing Covid-19 with a greater chance of deterioration. Indeed, in older individuals, the co-morbid issues are higher than other age groups. Early prognosis and individualized treatment control must be provided to the aged. Our paper examines the mental health of older persons during Covid-19 in India and suggests strategies that may be helpful for the management of older persons with Covid-19 more effectively.

KEYWORDS: Covid-19, Older persons and Mental Health.